

Drinks

Women

These charts are for informational purposes only.
Our suggestion is not to drink if you are going to drive

0	BODY WEIGHT IN POUNDS							
	100	120	140	160	180	200	220	240
1	.00%	.00%	.00%	.00%	.00%	.00%	.00%	.00%
2	.05	.04	.03	.03	.03	.02	.02	.02
3	.09	.08	.06	.06	.05	.05	.04	.04
4	.14	.11	.10	.09	.08	.07	.06	.06
5	.18	.19	.16	.14	.13	.11	.10	.09
6	.23	.19	.16	.14	.13	.11	.10	.09
7	.27	.23	.19	.17	.15	.14	.12	.11
8	.32	.27	.23	.20	.18	.16	.14	.13
9	.36	.30	.26	.23	.20	.18	.17	.15
10	.39	.33	.30	.26	.23	.21	.19	.18

Add one drink per hour of drinking (light person), two drinks per hour
(heavier person). 1 Drink=12 oz Beer, 5 oz Wine, or 1. oz 80 proof Liquor

Drinks

Men

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1	.00%	.00%	.00%	.00%	.00%	.00%	.00%	.00%
2	.04	.05	.05	.02	.02	.02	.02	.01
3	.07	.06	.05	.05	.04	.04	.03	.03
4	.11	.09	.08	.07	.06	.06	.05	.04
5	.15	.12	.11	.09	.08	.07	.07	.06
6	.19	.16	.13	.12	.10	.09	.08	.07
7	.22	.19	.16	.14	.12	.11	.10	.09
8	.26	.22	.19	.16	.15	.13	.12	.11
9	.30	.29	.21	.19	.17	.15	.14	.12
10	.35	.29	.25	.24	.21	.19	.17	.14

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(heavier person). 1 Drink=12 oz Beer, 5 oz Wine, or 1. oz 80 proof Liquor

BLOOD ALCOHOL CONCENTRATION

Pocket Guide

For further information contact Utah Highway Safety
(801) 293-2480 • www.highwaysafety.utah.gov



State of Utah

Department of Public Safety

BAC

(Blood Alcohol Concentration)

What does it mean ?

.00%	0 drinks	Only safe level
.01-.02%	½ - 2 drinks	Impairment begins
.03-.07%	1-4 drinks	Reflexes, judgement, concentration and vision affected. Combined with fatigue, illness, stress, other drugs, or poor driving conditions increases the risk of having a crash!
.08-.11%	3-10 drinks	Illegal in Utah! Greater levels of impairment in all of the above! Average risk of crash is 10 times normal for an adult, 70-80 times normal for someone under 21!
.12-.15%	4-12 drinks	Motor skills, mental functions, and vision are severely impaired!
.16-.24%	6-14 drinks	Extreme health and crash risk!
.25-.34%	8-18 drinks	Unconsciousness!
.35-.45%	9-20 drinks	Death will occur!

Alcohol affects everyone differently. BAC may be affected by age, gender, physical condition, food consumed, medication, and other factors. Also, different mixed drinks contain different amounts of alcohol, so it's important to know how much alcohol has been consumed, not just how many drinks a person has had.

BAR

Typical Alcohol Prices

Tap Beer - \$3.25

Margarita - \$6.45

DUI - \$10,100

Here are some typical costs of DUI

Fine/Court fees	\$ 1,200
Towing/Impound/Registration	\$ 350
Lawyer	\$ 1,200
Education/Treatment/Victim Fund	\$ 350
Drivers License	\$ 200
Time Off Work/Transportation	\$ 300
Ignition Interlock (3 years)	\$ 2,500
Added High Risk Insurance (3 years)	\$ 4,000
TOTAL	\$10,100

Use a Designated Driver and Always BUCKLE UP